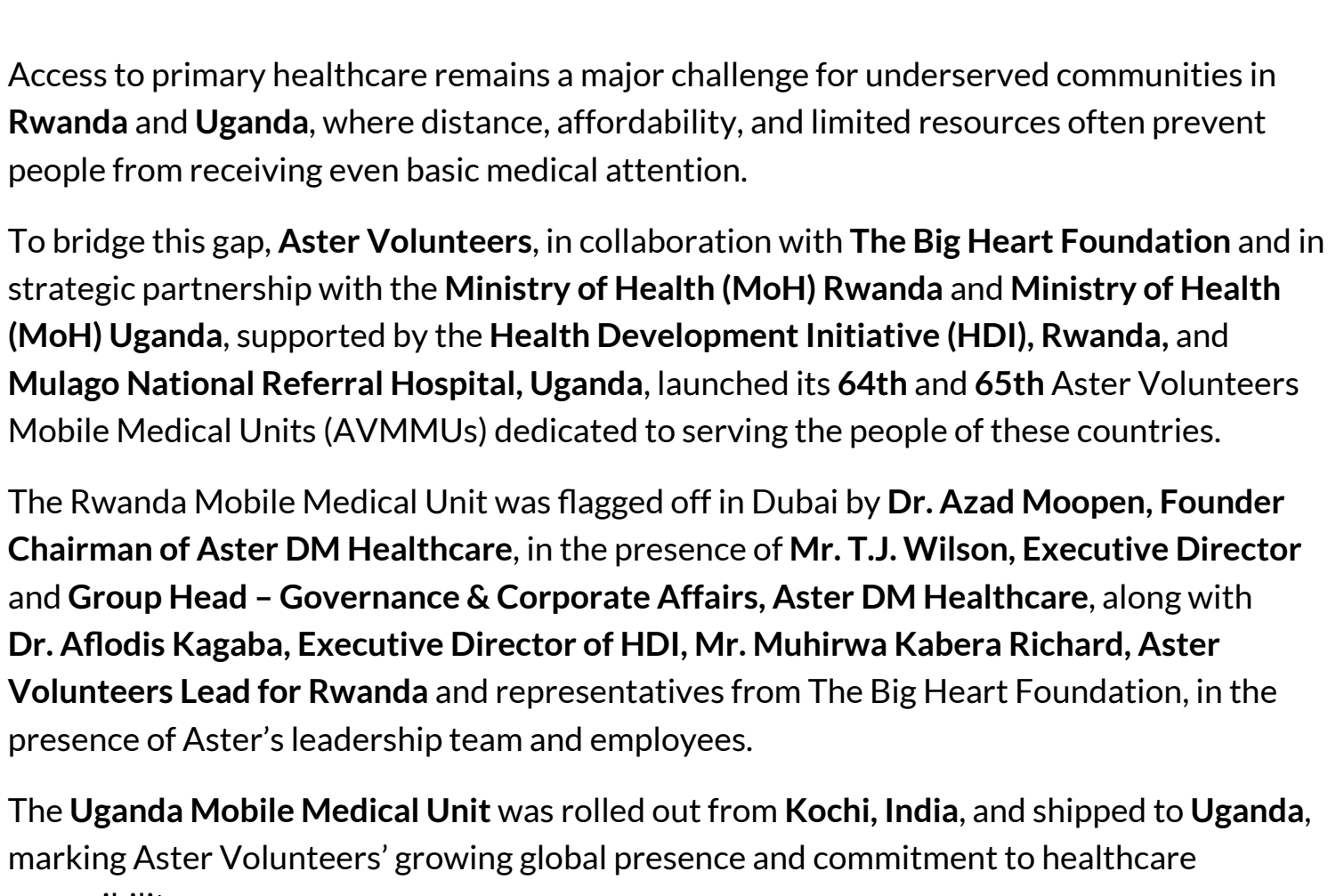


Aster Volunteers Mobile Medical Services (AVMMS) Extends Operation to Rwanda & Uganda

#AsterVolunteersAid



Access to primary healthcare remains a major challenge for underserved communities in **Rwanda and Uganda**, where distance, affordability, and limited resources often prevent people from receiving even basic medical attention.

To bridge this gap, **Aster Volunteers**, in collaboration with **The Big Heart Foundation** and in strategic partnership with the **Ministry of Health (MoH) Rwanda** and **Ministry of Health (MoH) Uganda**, supported by the **Health Development Initiative (HDI)**, **Rwanda**, and **Mulago National Referral Hospital, Uganda**, launched its **64th and 65th Aster Volunteers Mobile Medical Units (AVMMUs)** dedicated to serving the people of these countries.

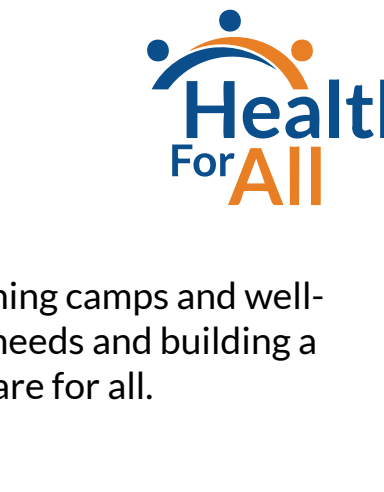
The **Rwanda Mobile Medical Unit** was flagged off in Dubai by **Dr. Azad Moopen**, **Founder Chairman of Aster DM Healthcare**, in the presence of **Mr. T.J. Wilson**, **Executive Director and Group Head – Governance & Corporate Affairs, Aster DM Healthcare**, along with **Dr. Afendis Kagaba**, **Executive Director of HDI**, **Mr. Muhirwa Kabera Richard**, **Aster Volunteers Lead for Rwanda** and representatives from **The Big Heart Foundation**, in the presence of Aster's leadership team and employees.

The **Uganda Mobile Medical Unit** was rolled out from **Kochi, India**, and shipped to **Uganda**, marking Aster Volunteers' growing global presence and commitment to healthcare accessibility.

Equipped with IoT-integrated Telehealth services, consultation rooms, mini laboratories, and medicine dispensing units, and smart screens for health awareness, these mobile clinics will bring free, quality healthcare directly to remote and marginalized communities, reinforcing Aster's mission to make healthcare accessible for all.

Emirati Women's Day 2025: Honouring Strength, Celebrating Spirit

#AsterVolunteersBelong



On the occasion of **Emirati Women's Day**, **Aster Volunteers, UAE** in association with **Asterians United** proudly hosted the 3rd edition of "**Noor – Dreams Empowered**" at **Arjaan Rotana Hotel, Media City, Dubai**. Held under the theme "**Hand in Hand: Celebrating 50 Years of Empowerment**," the event brought together **100 Emirati women**, along with the **women leadership team of Aster and Medcare**, for an inspiring exchange of knowledge and experiences with pioneering Emirati women leaders of UAE.

The program featured powerful and motivational sessions by **Dr. Nada Almulla**, **Family Medicine Consultant at Dubai Health Authority**; **H. E. Dr. Maryam Matar**, **Founder of the UAE Genetic Diseases Association**; **Ms. Amina Al Mehairi**, **First Emirati Olympian at the Winter Youth Olympics**; and **Dr. Noora Almarzooqi**, **Football Analyst and Archery Official**. The evening stood as a remarkable celebration of dreams, determination, and women empowering women.

Health & Wellness Drives Across the GCC

#AsterVolunteersAid



Aster Volunteers' "**Health for All**" initiative delivers free medical screening camps and wellness programs to underserved communities, addressing urgent health needs and building a supportive environment reinforcing their mission of accessible healthcare for all.

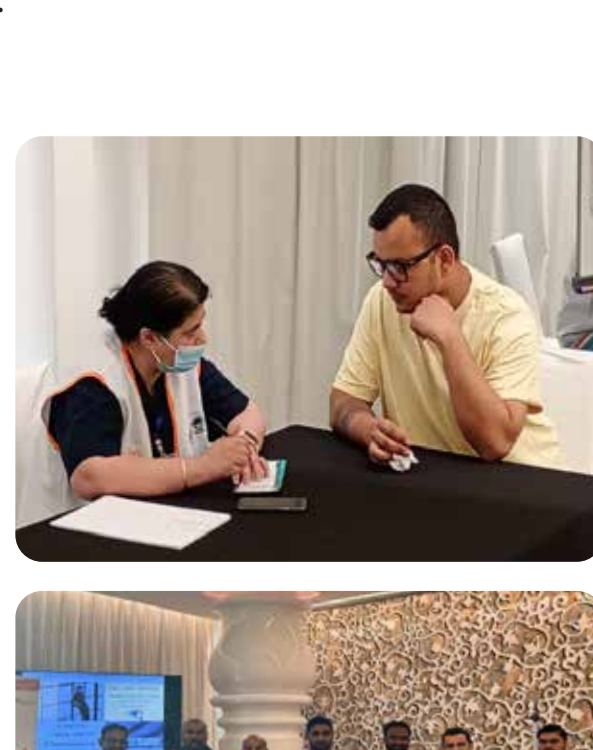
Qatar

Promoting Women Wellness in Qatar

As part of its ongoing commitment to women's health and wellness, **Aster Volunteers from Aster Hospital Qatar**, in collaboration with **Compass Group**, conducted a **Breast Cancer Awareness session** at the women's accommodation in **Matar Qadeem**.

A total of **65 women** benefited from the session, gaining practical knowledge and confidence to take charge of their breast health.

The session was led by **Dr. Raniya Rinas**, **General Practitioner** in Doha, providing valuable insights on early detection, self-examination techniques, and the importance of regular health check-ups.



Promoting Women Wellness through Awareness Session

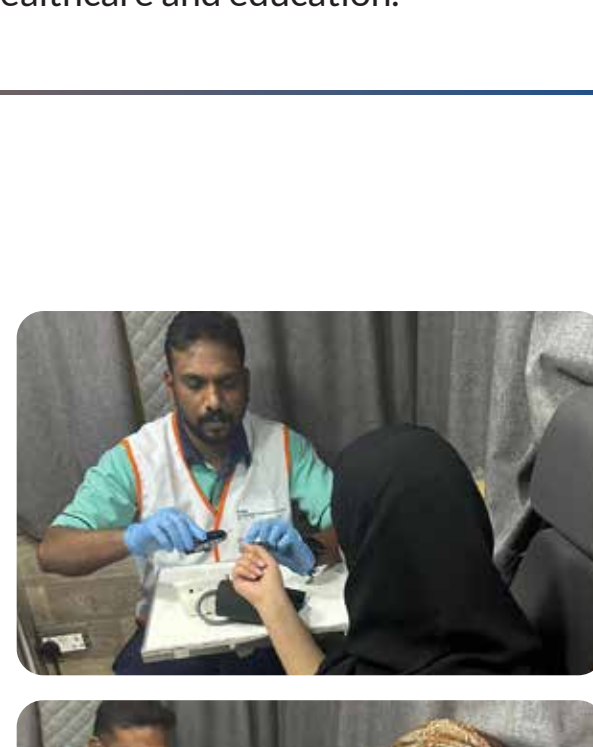
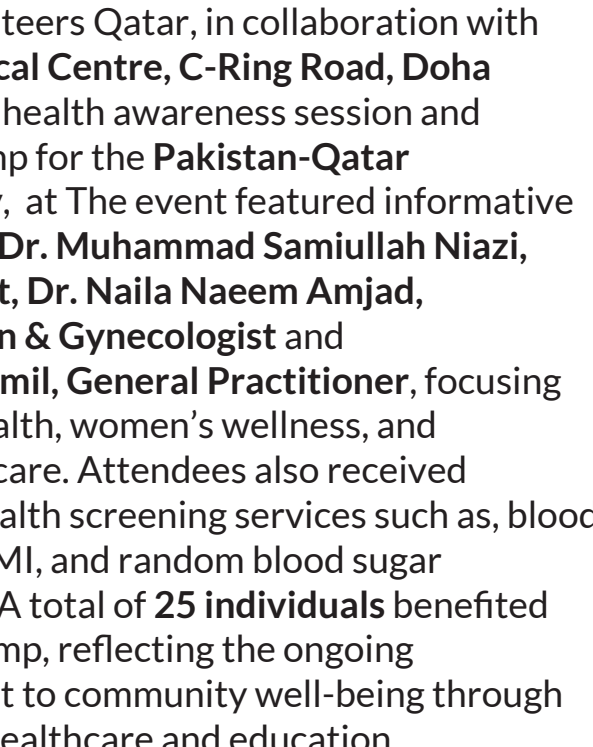
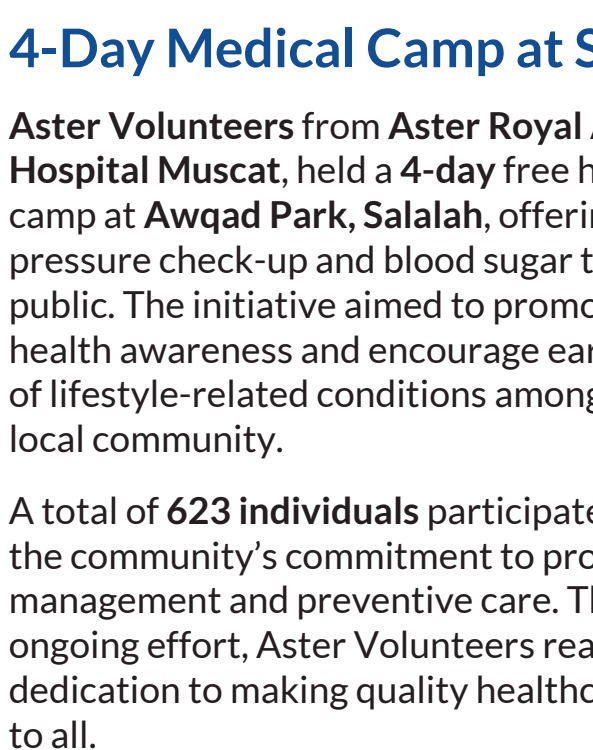
Aster Volunteers from Aster Hospital Qatar, in collaboration with the **Friends of Pathanamthitta (FOPTA) Ladies Wing**, organized an awareness session at **Indian Cultural Centre Bangalore Hall** and was led by **Dr. Hema Rajeev**, **Gynecologist & Gynecologist at Aster Medical Centre**.

The informative session, attended by **50 participants**, focused on women's health and wellness, empowering attendees with valuable insights on preventive care and healthy living.

Health Screening Camp at Mondrian, Doha

Aster Volunteers from Aster Hospitals Doha, Qatar, in collaboration with **Hotel Mondrian**, successfully conducted a basic health and vision screening camp for the hotel employees.

A total of **73 beneficiaries** received services including blood pressure monitoring, body mass index (BMI) and random blood sugar checks, GP consultations led by **Dr. Shagrir**, **General Physician** and an ophthalmology session with **Dr. Leena Bhat**, **Ophthalmologist, Aster DM Healthcare**. This initiative reflects Aster Volunteers' ongoing commitment to promoting workplace wellness and preventive healthcare within the community.



Health Screening Camp in Doha

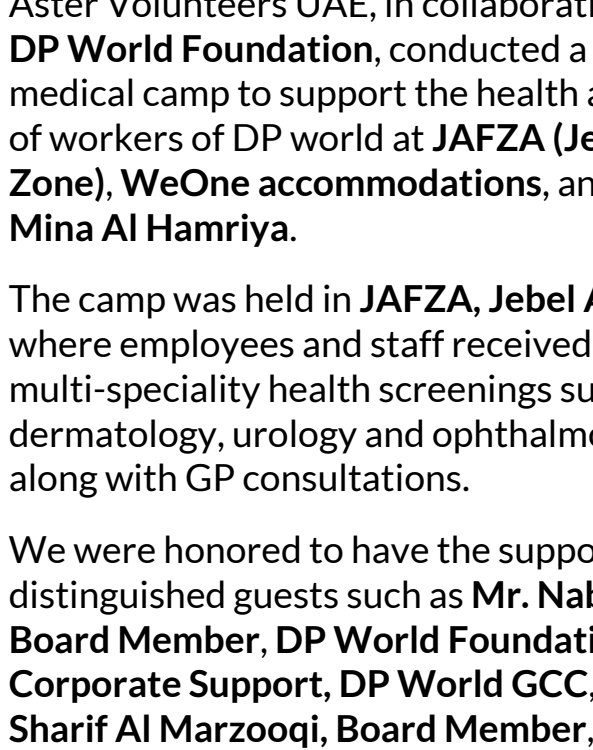
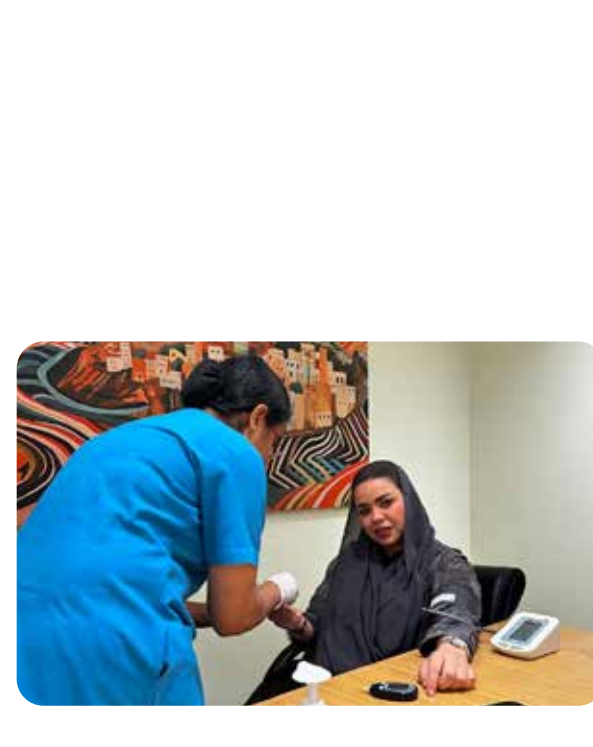
Aster Volunteers from Aster Medical Centre, C Ring Road, Doha, in collaboration with **TVK Vijay Fans GCC Social Media Wings**, successfully conducted a **Basic Health Check-up Camp** at the hospital premises.

70 beneficiaries received essential services, including blood pressure monitoring, lab tests, BMI assessment, dental screening, and vision tests—strengthening our commitment to promoting community health and well-being.

Medical Camp at Brunal Oil & Gas Services, Al Khor

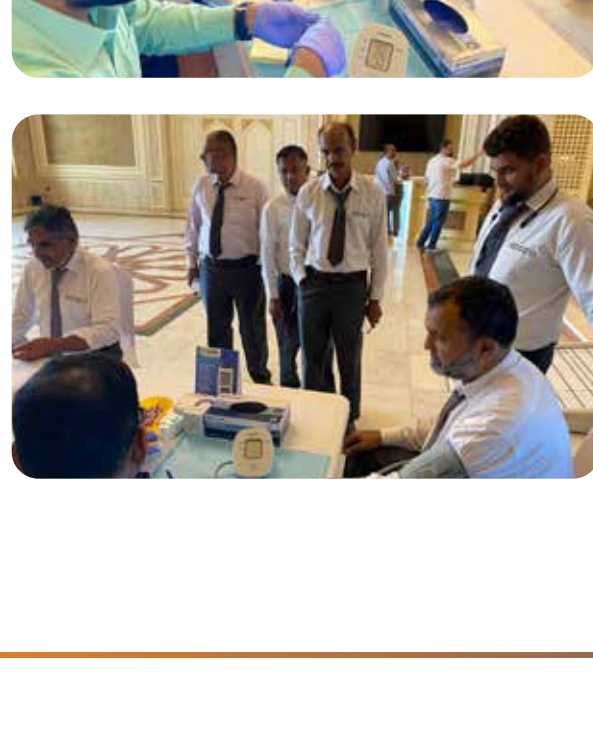
Aster Volunteers from Aster Hospitals Qatar conducted a two-day focused medical screening camp for the employees of **Brunal Oil & Gas Services** in **Al Khor**.

The camp provided essential health services to over **37 employees** and provided blood pressure checks, random blood glucose screening, GP consultations, BMI assessment, and vision tests, further reinforcing our commitment to accessible community healthcare.



Health Awareness Session to Pakistan Community Doha, Qatar

Aster Volunteers Qatar, in collaboration with **Aster Medical Centre, C-Ring Road, Doha** organized a health awareness session and medical camp for the **Pakistan-Qatar Community**. At the event featured informative sessions by **Dr. Muhammad Samiullah Niazi**, **Cardiologist**, **Dr. Naima Amjad**, **Obstetrician & Gynecologist** and **Dr. Sadia Jamil**, **General Practitioner**, focusing on heart health, women's wellness, and preventive care. Attendees also received essential health screening services such as, blood pressure, BMI, and random blood sugar screenings. A total of **25 individuals** benefited from the camp, reflecting the ongoing commitment to community well-being through accessible healthcare and education.

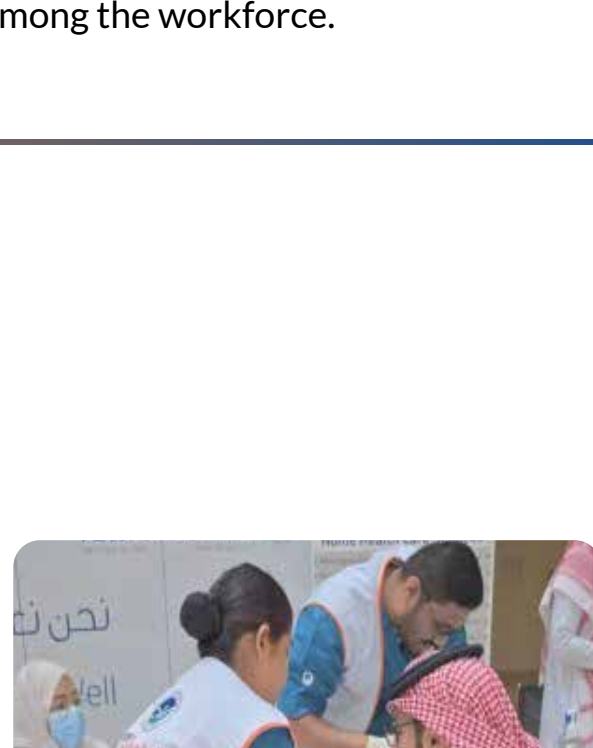


Oman

4-Day Medical Camp at Salalah

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat, held a 4-day free health check-up camp at **Awqad Park, Salalah**, offering blood pressure check-up and blood sugar tests to the public. The initiative aimed to promote preventive health awareness and encourage early detection of lifestyle-related conditions among the local community.

A total of **623 individuals** participated, reflecting the community's commitment to proactive health management and preventive care. Through this ongoing effort, Aster Volunteers reaffirm their dedication to making quality healthcare accessible to all.



Medical Camp at Medco, Muscat

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat organized a health screening on office ergonomics at the **Medco LLC office**.

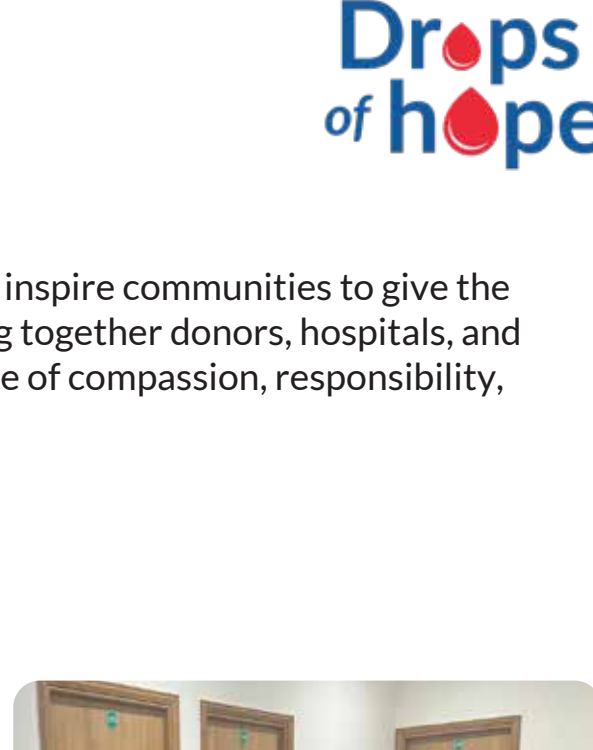
The session emphasized healthy workplace practices, posture correction, and preventive strategies to reduce work-related strain.

A total of **50 attendees** participated, who gained valuable insights into maintaining physical health and comfort in the office environment.



Health camp at Bahwan Cyber Tech by Aster Muscat

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat in association with **Bahwan Cyber Tech**, Muscat, organized a free health screening camp benefiting over **80 employees** and offered a range of free medical services including random blood sugar, blood pressure, vision check-up, and Body Mass Index (BMI) assessment.



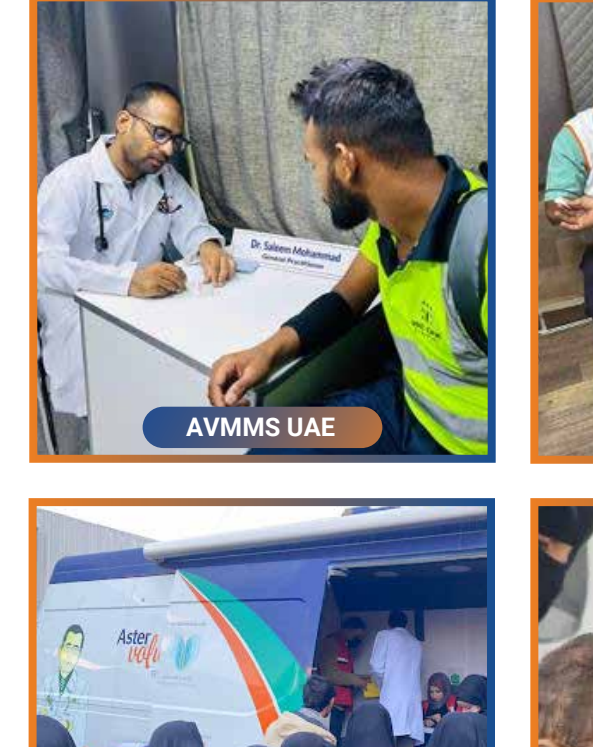
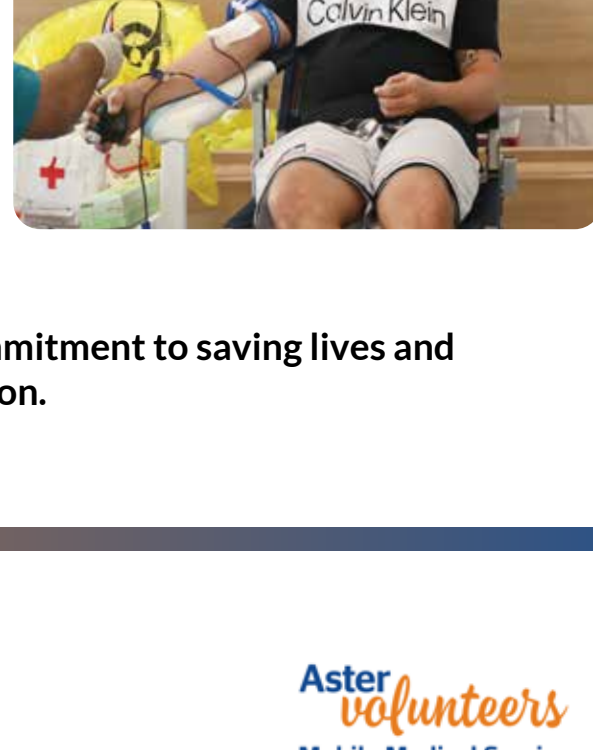
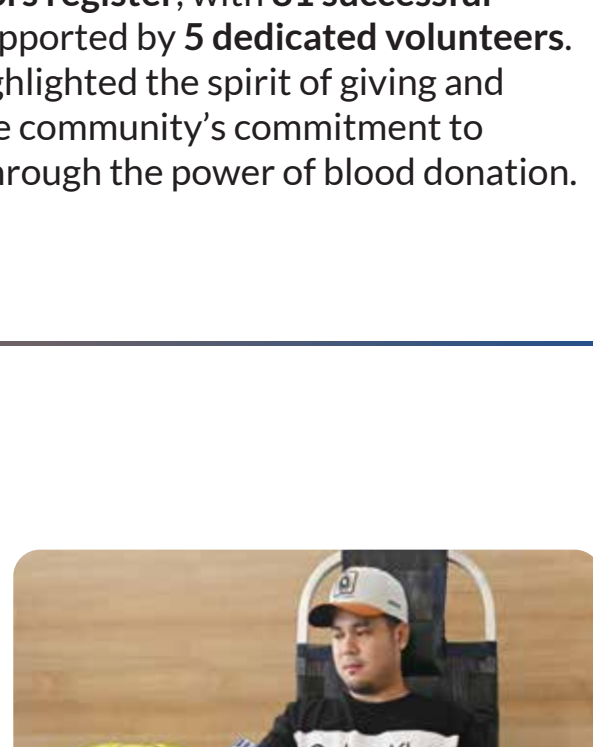
UAE

Medical camp held for the Blue Collared Workers at DP World, Dubai

Aster Volunteers UAE, in collaboration with the **DP World Foundation**, conducted a free mega medical camp to support the health and well-being of workers of **DP world at JAFZA (Jebel Ali Free Zone)**, **WeOne accommodations**, and **Mina Al Hamriya**.

The camp was held in **JAFZA, Jebel Ali, Dubai**, where employees and staff received free multi-specialty health screenings such as dermatology, urology and ophthalmology along with GP consultations.

We were honored to have the support of distinguished guests such as **Mr. Nabil Qayed**, **Board Member, DP World Foundation & EVP, Corporate Support, DP World GCC**, **Mr. Omar Sharif Al Marzooqi**, **Board Member, DP World Foundation & SVP, People, MENA & SCO**, **Ms. Latifa Al Qemzi**, **Director General, DP World Foundation**, **Mr. Ibrahim Al Janahi**, **Director, Corporate Service, WeOne** and **Mr. Rahul Kadavukulu**, **Group Chief Marketing Officer, Aster DM Healthcare**, whose support and participation underscored the shared mission of advancing community health through compassion and collaboration.



Medical Camp for the Employees of Emirates Transport, Sharjah

Aster Volunteers Mobile Medical Services UAE in association with the **Ministry of Health (MoH) Sharjah and Police Department**, **Sharjah with Aster Clinic Sharjah** successfully organized a basic health screening and health awareness session for employees of **Emirates Transport** at the **Ministry of Health and Prevention (MOHAP)** office in Sharjah.

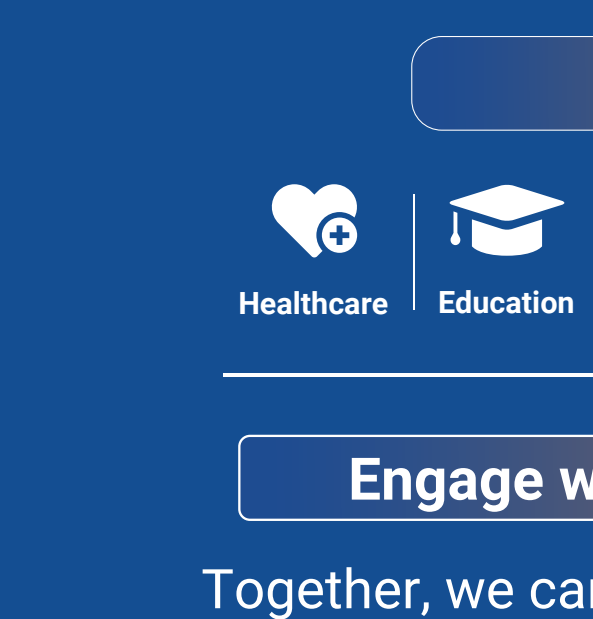
1,128 Employees attended the camp which provided health screening services such as **blood pressure check-up, random blood sugar tests, body mass index assessments, health awareness sessions, and GP consultations**, promoting wellness and preventive healthcare among the workforce.



Saudi Arabia

Medical Camp Held at Ministry of Human Resources

Aster Volunteers from Aster Sanad Hospital, Riyadh Saudi Arabia, in collaboration with the **Ministry of Human Resources and Social Development**, organized a free health camp. **27 ministry employees** participated and benefited from services including blood pressure, blood sugar test along with medical consultations. The initiative aimed to promote health awareness and encourage regular well-being monitoring among staff.



Aster Pharmacy Conducts Medical Screening Camps Across Saudi Arabia

Aster Volunteers in collaboration with **Aster Pharmacy Riyadh, Saudi Arabia**, organized a series of free medical check-up across multiple outlets to promote health awareness and encourage regular monitoring.

Across **Aster Pharmacy outlets** in **Qurtoba, Trio Plaza**, and **Roshn**, providing visitors with complimentary blood pressure and blood sugar screenings, along with medical consultations.

These community-focused events provided a convenient platform for individuals to prioritize their health and access professional medical advice in a familiar and accessible setting.

Aster Volunteers bring healthcare closer to underserved communities across GCC through mobile clinics that provide screenings, consultations, and check-ups. This initiative reflects our unwavering dedication to ensuring accessible and compassionate care for all.

Building Healthier Communities through Drops of Hope

#AsterVolunteersAid

Aster Volunteers' **Drops of Hope** initiative continues to inspire communities to give the gift of life through voluntary blood donation. By bringing together donors, hospitals, and partner institutions, the program fosters a strong culture of compassion, responsibility, and collective care, one drop at a time.

Qatar

Saving Lives together blood donation drive in Qatar

Aster Volunteers in collaboration with **Hamad Medical Corporation, Las Damas de Rizal**, and the **Indian Chartered Accountants Association**, organized a **Blood Donation Drive** at **Aster Medical Center, Muntazah**.

The drive received an encouraging response, with more than **45 individuals** registering to donate blood and over **33 successful donations** recorded. The event brought together individuals from diverse backgrounds, united by a shared purpose of giving back to the community and supporting Qatar's healthcare system.

Aster Volunteers from Aster Hospitals Qatar, in collaboration with **Qatar Kanur Kootayma**, organized a blood donation drive in partnership with **Hamad Medical Corporation**. The initiative saw **108 donors** register, with **5 successful donations**, supported by **5 dedicated volunteers**. This event highlighted the spirit of giving and reinforced the community's commitment to saving lives through the power of blood donation.

Oman

A community unites of a life-saving cause at Oman

Aster Volunteers from Aster Royal Al Raffah Hospital Muscat, successfully conducted a blood donation camp, resulting in **47 successful donations** to the **MoH Central Blood Bank Oman**, contributing to lifesaving efforts and supporting the community's healthcare needs.

Our Focus



Engage with Aster Volunteers

Together, we can accomplish a lot more and