Aster volunteers Herald
India Edition
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Aster Volunteers Mobile Medical Services (AVMMS) expands to Coorg, Karnataka

Aster Volunteers

Aster Volunteers in collaboration with **Aster EM Foundation India, Aster Al Hospital Bengaluru,** and **Aster Whitefield Hospital** launched the **first Disaster Response Mobile Medical Unit** for the Coorg region, in partnership with **Aster Volunteers and the Karnataka Today Foundation (KTF)** on **01 May, 2026.**

The launch event took place at the **Aster Volunteers campus in Mithubail, Kushalnagar,** with the participation of **Aster Volunteers Regional Director Sajeev Chandra Menon**, senior representatives from Aster, KTF leadership, and **KTF** The event coincided with a free H&A's screening camp **conducted by Karnataka Today Foundation (KTF) on 01 May, 2026.**

The Mobile Medical Unit (MMU) will primarily serve coffee plantation workers across remote locations in Coorg, while also providing critical healthcare support during monsoon-triggered landslides and other disaster situations.

Aster Volunteers

Emergency Preparedness and BLS Awareness Training in Kochi

Aster Volunteers

Aster Volunteers from **Aster Medicity Kochi**, in association with **Aster EM Foundation**, conducted the **second Rapid Responder Training** for staff under the First Responder. The session impacted **NCC cadets of LFC Alwaye, Kochi and volunteers from Aster Medicity Kochi**, enhancing their emergency response readiness.

Led by **Dr. Ajhar Abuzaitun, Specialist in Emergency Medicine,** the training focused on first aid and emergency response, emphasizing Aster's commitment to building a prepared and responsive community.

Aster Volunteers

Graduation Ceremony for the First Batch of Geriatric Care and Rehabilitation Assistants

Aster Volunteers

Aster Volunteers from **Aster MIMS Calicut** celebrated the successful completion of the first batch of the six-month **Geriatric Care and Rehabilitation Assistant (GCRA)** course following the guidelines of **National Skill Development Corporation (NSDC).**

Shri Shah Perumbil, Member of Parliament (MP), Lok Sabha, Vatakara, distributed the certificates and appreciated the efforts of the first batch of trainees, reaffirming Aster's commitment to advancing geriatric skill development. The event was attended by **Dr. Sivapathasundaram, Director, Aster Medical Education & Corporate Relations, Aster Hospitals & Clinics (UAE & Oman)** and other dignitaries.

Aster Volunteers

Clear Vision, Brighter Futures

Aster Volunteers Calicut

Clear Sight is a free Ophthalmic camp program dedicated to identifying and addressing vision-related concerns among school students. Launched as a pilot project in **Ernakulam and Kozhikode districts, Kerala,** the project aims to ensure that no child's learning or development is hindered by undiagnosed or untreated vision issues.

Over the past two months, the initiative has reached:

- **1,000+ students screened**
- **15 students identified with corrective glasses**

During the summer vacation, this initiative was also extended to the transport office department and sector-wise drivers in Ernakulam and Kozhikode, ensuring no driver is left unaware of their vision health.

In **Kalamassery**, a screening camp was held on **12 May, Pala & Thodupuzha** on two days respectively. **Dr. P. Rajeev, Director for Initiatives, Calicut, and Lion. Kerala**. Conducted in partnership with the Ernakulam District Blind Association, the screening camp in **Kalamassery** saw over 100 participants with free spectacles.

Clear Sight

At the **Thodiyakuzhi KSRTC Depot**, a three-day screening camp conducted **200 staff members**. The program was launched by **Mr. P. G. George, Deputy Transport Commissioner, Ernakulam**, in the presence of **Mr. Ranjith, Assistant Transport Officer**

Conducted **2-3** day-wise screening program at **Ernakulam KSRTC Depot** for staff members, achieving **The Clear Sight Initiative** by **Rajeev Director Initiatives Calicut Lion. Kerala** on behalf of **Mr George Eden, Member of Parliament of Indian National Congress, Ernakulam, Kerala**

The programme is organized by **Aster EM Healthcare's CSR arm, Aster Volunteers,** in collaboration with **Asterian United, Aster Medicity Kochi, Aster MIMS Calicut,** and **Ernakulam District Lions Association**

Aster Volunteers

Empowering pongal minds with School Kits in Kerala

Aster Volunteers

As part of our commitment to child welfare and providing the right tools for children to thrive, Aster Volunteers conducted a school kit drive for the Pongal Programme. The programme brings together supporting underprivileged children as they gear up for the new academic year.

Schools kits for underprivileged and tribal children in Kochi

Aster Volunteers **Aster Medicity Kochi** supported over **700 underprivileged and tribal children** in **Kochi** and **Palakkad** by distributing school kits to help them prepare for the new academic year.

The kits included notebooks, pencils, stationery, and other essentials. The distribution of kits was done across **six government and aided schools in Kochi**.

Supporting Pre-School students in Kozhikode

Aster Volunteers **Aster MIMS Kozhikode** conducted a drive for Beginning activities across Kozhikode to support the education of underprivileged children.

Students were held at **Sona Anganwadi, Mankavu,** and **Usha Anganwadi, Puthiyappalam.** Dr. Sandra Kozhikode Corporation Health Department inaugurated the drive. Dr. Sandra, Dr. M. C. Bijulekha, Ward Councillor, attended the Usha Anganwadi function.

Over 200 pre-school grade students were also distributed at **GWUP School, Puthiyappalam,** benefiting children from economically disadvantaged families.

Care coaches Kottakal enriching lives of differently abled students

Aster Volunteers from **Aster MIMS Kottakal** in collaboration with **Kerala Forest Department** & **Kerala Special School, Kottakal** supporting the educational journey of **110 differently abled students**.

As part of their commitment to inclusivity and community welfare, volunteers distributed kits containing stationery bags and essential learning tools to **110 differently abled students**. **Dr. Sowmya A. Chakravarthy, Kottakal Municipality** who praised the initiative for empowering every child, regardless of ability.

Underprivileged children supported in Wayanad

Aster Volunteers from **Dr. Moopen's Medical College, Wayanad** conducted a series of outreach initiatives aimed at supporting tribal students and underprivileged children across Wayanad.

Volunteers were distributed to the college campus, in a heartwarming ceremony attended by **Mr. Ajithkumar, Executive Trustee**, along with the college's leadership and faculty members.

Kit distribution drive was also conducted with **Kalpatta Charitable Society** for tribal students within Kalpatta Municipality. The event was led by **Mr. Ajithkumar, Executive Trustee, Dr. Sreejith Kalpatta**, and grouped by local officials.

Dr. Sreejith Kalpatta was also distributed kits to tribal students at **S.K.M.J.P. School** and event flagged off by **Mr. Lal C. Betta**, **Chela Inspector**, marking the start of 200 kits distributed across Wayanad.

These activities reflect Aster Volunteers' commitment to making education accessible, empowering communities, and creating brighter futures for every child.

Green Earth

Giving back to the planet: Our responsibility for environment

As part of **World Environment Day** 2025 activities the Aster Green Christian Initiative Aster Volunteers across India carried out several activities to promote a greener and healthier future.

Sowing a sustainable future: Fruit sapling plantation in Kerala

Aster Volunteers from **Aster EM Foundation Kerala** in collaboration with **Aster Medicity Ernakulam** & **P. Sohan Chandran, Director Alwaye.** The event was inaugurated by **Dr. Ajhar Abuzaitun, Specialist Emergency Chargeonsand Emergency Physician.**

The sapling included of guava, water apple, pomegranate, and other fruit trees, with participants receiving kits of the saplings, headstones, teachers, PTA members, and students to promote sustainability and environmental awareness.

A step for nature: tree and sapling plantation at Puthanathani Forest

Aster Volunteers in collaboration with **Kerala Forest Department, Tree Plantation Collective, Puthanathani Forest Station, Malappuram District** and **Dr. Moopen's Morning College MES Unit**, organized an Environment Day tree and sapling plantation at Puthanathani Forest Station, Malappuram District. The event was flagged off by **Kumari Keerthi Mahalakshmi Ghani, one of Kerala's youngest environmental activists.**

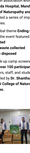
Key addresses were delivered by **Mr. K. Babu, President, Moppad Panchayat, Mr. Ajith K, Forest Range Officer, Mr. Ajith Kumar, Moppad, and Dr. Cyriac Abraham, Principal of Moopen's Morning College.**

Among the participants, volunteers trekked **2 kms into the forest area** and planted around **100 saplings**, reinforcing their commitment to sustainability and ecological restoration.

Promoting a cleaner and a healthier Kannur

Aster Volunteers in collaboration with **Aster Chandan International LLC/ Kannur**, has successfully completed a drive aimed at promoting public awareness and strong civic action for a cleaner, healthier city.

The initiative was officially launched with the first signature by **Sajeev Kappilla, Senior Consultant, Aster MIMS Kannur** underscoring the importance of collective environmental responsibility and positive change in Kannur.



Aster Volunteers Drive Sustainable Change in Calicut

Aster Volunteers from **Aster MIMS Calicut** organized a series of impactful programmes to promote environmental awareness, sustainability, and community engagement in celebration of World Environment Day.

Activities included:

- **450 saplings planted**
- **Beach Cleaning Drive at Vilias Park, Beth Road Beach**
- **5 Waste Collection**

The event was launched by **Dr. P. J. Vincent, Director Medical Education & Research, Aster Calicut.** Aster Volunteers conducted awareness, fresh media news held at Kakanchery Square, Calicut Beach, and Lulu Mall. In collaboration with the Social Forestry Department and MES Moopenkara Team, Gurunanaparambil College highlighting the need to combat plastic pollution.

A green initiative at the Aster Whitefield Hospital Kothaguda

Aster Volunteers from **Aster Whitefield Hospital** Kothaguda organized a tree plantation drive, marking the event by planting a tree to promote environmental awareness and sustainability within the community.

Led by **Dr. Sathi Vuppalavithala, Deputy Chief of Medical Services, Aster Hospitals, Dr. Ashish Jain, Chief Operating Officer**, the initiative saw active participation in planting saplings within the hospital premises, reinforcing our commitment to a greener, healthier future.

Students join hands for a greener Kochi

Aster Volunteers in association with **Aster EM Foundation Kochi** organized tree planting distribution and planting drives across three schools: **St. Mary's Girl School, Chittoor, St. Philomena's HSS, Kozhamuthu,** and **Chowkkara Government Girl School, Vaniyambalam**, promoting environmental awareness among students.

Volunteers **Shubha Kalam**, **CEO, Aster Medicity, Kochi; T.C. Service Excellence, Aster Medicity Kochi; and Dr. Johnson P. Varghese, Local Development, Engineering Department, Aster Medicity Kochi** distributed and planted, with dignitaries and students participating in the drive, actively participating in the drive.

Widespread green initiatives across Karnataka and Rajasthan

Aster Volunteers, in association with **Aster & Manipalcentre Hospital, Mangalore** and **Bharathi College of Naturopathy and Yoga** conducted a series of impactful community activities.

In line with the global theme **Ending Global Plastic Pollution**, the event covered:

- **50 saplings planted**
- **10 kg of plastic waste collected**
- **15 kg of e-waste disposed**

A free health check-up camp screened **40 patients**, with **over 100 participants.** The event was flagged off by **Dr. Ashwini**, the initiative was led by **Dr. Bhavana Principal, Bharathi College of Naturopathy** and **Yoga Sciences**.

Aster Volunteers in association with **Aster Whitefield Hospital Bangalore** planted **500 saplings** in Kaggalipura, including native and fruit bearing trees like Mangoes, Jamun, Pomegranate, Tamarind, and Gulmohar, enhancing local biodiversity, and benefits local communities, engaging with Aster's vision for a greener future.

Volunteers also recycled **30 kilograms** of **e-waste**, including keyboards, computer mouses, electronic components, ensuring responsible disposal.

Over **500 circles participated**, spreading the message of sustainability. Kyathi Gupta received a Yogaratna Diploma's saplings as a gift for her participation in the **Yoga** environmental awareness.

Green Future with Green Kalyan Tania Nair

Aster Volunteers from **Aster Kalyan Hospital Kottayam** in collaboration with **Sahini Lokmat**, a prominent daily newspaper and a Media group in Maharashtra, **Sonali Social Circle** organized a tree plantation drive on World Environment Day.

Over **500 circles participated**, spreading the message of sustainability. Kyathi Gupta received a Yogaratna Diploma's saplings as a gift for her participation in the **Yoga** environmental awareness.

These activities reflect Aster Volunteers commitment to moving towards a greener and sustainable future through a wide range of concrete actions and long-term campaign goals.

Drops of hope

Spreading Kindness on World Blood Donors Day 2025

#AsterVolunteersaSal

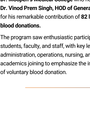
On the occasion of **World Blood Donor Day 2025**, Aster Volunteers is proud to reaffirm its commitment to saving lives by organizing mega blood donation drives across India.

Building on the success of last year's launch of the **Aster Volunteers Blood Donors Forum**, the platform now enables even more donors to register in advance, stay informed about upcoming drives, and enjoy a faster, more seamless donation experience.

Join our growing community of blood donors and make a difference, visit **astervolunteers.com/bloddonorsforum** to register.

Blood donation drive in Tirupati

Aster Volunteers from **Aster Narayanadri Hospital Tirupati** successfully organized a blood donation drive with **37 generous donors** stepping forward to help save lives. The initiative emphasized the importance of voluntary blood donation and its impact during medical emergencies.



A community of givers: blood donation drives unite Bangalore

On the occasion of **World Blood Donors Day**, Aster Volunteers from **Aster RV Hospital, Bangalore**, organized two impactful blood donation camps to promote the spirit of giving and community health.

The first camp was held at **Silicon City Academy of Secondary Education**, with enthusiastic participation from teachers, parents, and NCC cadets. In addition to blood donation, over **100 beneficiaries** received free health screenings, including BMI, BP, sugar level, haemoglobin, and blood group tests.

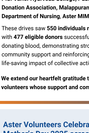
The second camp took place at **Aster RV Hospital**, where **120 individuals donated blood**. The initiative highlighted a strong collective commitment to saving lives and supporting essential healthcare through voluntary action.

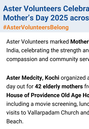
Blood donation awareness drive in Wayanad

Aster Volunteers from **Dr. Moopen's Medical College**, in collaboration with the **Department of Transfusion Medicine and the Nursing College**, organized a series of awareness programs themed **"Drops of Hope – Give Blood, Give Hope: Together We Save Lives!"**

The event was launched by **Dr. Manoj Narayanan, Medical Superintendent, Dr. Moopen's Medical College** who honored **Dr. Vinod Prem Singh, HOD of General Surgery**, for his remarkable contribution of **82 lifetime blood donations.**

The program saw enthusiastic participation from students, faculty, and staff, with key leaders from administration, operations, nursing, and academics joining to emphasize the importance of voluntary blood donation.



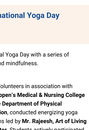


Honoring heroes: blood donors honored in Calicut

Aster Volunteers from **Aster MIMS Calicut**, in collaboration with the **Department of Transfusion Medicine, Emergency Department, and Raviz Hotel of RP Group**, organized a series of impactful initiatives to promote voluntary blood donation and emergency preparedness.

The event began with a ceremony honouring **20 blood donor group** and **50 individual donors** for their dedicated service by **Mr. Lukman, Chief Operation Officer, Aster MIMS Calicut**. The program also featured a blood donation drive, during which **40 employees from Raviz Hotel participating**, along with Basic Life Support (BLS) training provided to **45 staff members**, strengthening community health and emergency preparedness.

A collective effort: mega blood donation drive in Kottakkal



Aster Volunteers from **Aster MIMS Kottakkal** marked World Blood Donor Day 2025 with a series of impactful initiatives to promote voluntary blood donation and honour donors across the community.

A heartfelt honouring ceremony recognized dedicated donors and organizations, featuring the launch of a Privilege Card for voluntary blood donors by **Dr. Deepak, HOD, Blood Centre and Mr. Sreehari, Senior Medical Officer** at **Aster MIMS Kottakkal**.

In total, **five blood donation drives** were conducted in collaboration with **Vaidyaratnam P.S. Variar Ayurveda College, Public Blood Donation Association, Malappuram**, and the **Department of Nursing, Aster MIMS Kottakal**.

These drives saw **550 individuals register** with **477 eligible donors** successfully donating blood, demonstrating strong community support and reinforcing the life-saving impact of collective action.

We extend our heartfelt gratitude to all the selfless donors and dedicated volunteers whose support and commitment made this initiative a success.

Aster Volunteers Celebrates Mother's Day 2025 across India

#AsterVolunteersBelong

Aster Volunteers marked **Mother's Day 2025** with meaningful initiatives across India, celebrating the strength and care of mothers through acts of compassion and community service.

Aster Medicity, Kochi organized a special day out for **42 elderly mothers** from the **House of Providence Old Age Home**, including a movie screening, lunch, and visits to Vallarpadam Church and Vypeen Beach.

Aster Prime Hospital, Hyderabad, in collaboration with **Aster DM Foundation** and **Srinivasa Samajaseva Charitable Trust**, distributed **300 sarees** and conducted free health screenings for senior citizens at BK Guda.

Aster RV Hospital, Bangalore organized a tree plantation drive, Zumba session, and drawing, singing, and storytelling competitions for children. Coffee mugs were gifted to all mothers, engaging **85 participants** in a joyful and memorable celebration.

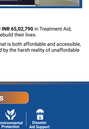
These events reflected Aster's continued commitment to community well-being and honoring motherhood with dignity and love.

Aster Volunteers Celebrates International Yoga Day across India

#AsterVolunteersCoach

Aster Hospitals across India marked International Yoga Day with a series of energizing sessions promoting holistic health and mindfulness.

Aster Volunteers in association with **Dr. Moopen's Medical & Nursing College** and the **Department of Physical Education**, conducted energizing yoga sessions led by **Mr. Rajeesh, Art of Living instructor**. Students actively participated in asanas and pranayama, promoting mindfulness and physical well-being.



Aster Volunteers from **Aster MIMS Kottakkal** hosted a community yoga session emphasizing holistic wellness. Participants of all ages practiced postures, breathing exercises, and meditation under certified instructors guidance.

Aster Volunteers from **Aster RV Hospital Bangalore** in association with **Aster Volunteers Mobile Medical Services** held a Yoga Day session for **55 staff members**, promoting workplace wellness and stress relief through yoga.

Aster Volunteers Leads Anti-Drug Drive in Wayanad

#AsterVolunteersBelong

Aster Volunteers from **Dr. Moopen's Medical College Wayanad**, in collaboration with **Government Engineering College Wayanad, Eterna College Union**, and the **Wayanad Police Department**, hosted an awareness session for the International Day Against Drug Abuse.

Mr. Jayaprakash A.U., Inspector of Police, Meppadi, spoke on the dangers of drug abuse and its impact on youth. The event was inaugurated by **Dr. A.P. Kammuth, Dean of the Medical College**, and featured keynote addresses by **Dr. Dr. Hari Mathew, Department of Anatomy, Dr. Snehal Asok T.P., Department of Forensic Medicine**, and **Mr. Soopy Kallangodan, DGM – Administration**.

Care on Wheels

#AsterVolunteersMobileMedicalService

In the month of **May & June 25**, Aster Volunteers Mobile Medical Services (AVMMS) organized **1,853 camps across India** delivering free healthcare to **100,141 beneficiaries** to ensure quality healthcare is affordable and accessible at the doorstep of the people who are in need.

Health Beyond Barriers

#AsterVolunteersTreatmentAid

From **May to June 2025**, Aster Volunteers contributed **INR 65,02,790** in Treatment Aid, offering a lifeline to **525 patients** who are working to rebuild their lives.

In our ongoing mission to provide quality healthcare that is both affordable and accessible, Aster Volunteers tirelessly work to mend lives affected by the harsh reality of unaffordable advanced medical care.

Our Focus

Healthcare | Education | Social Engagement | Empowerment Programmes | Aster Volunteers Aid Support

Engage with Aster Volunteers

Together, we can accomplish a lot more and reach out to millions.

astervolunteers.com