Aster volunteers Herald

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AVMMS flags-off of its 77th Mobile Medical Unit in Kolhapur

#AsterVolunteersAid

Aster volunteers Mobile Medical Services
Delivering healthcare to the last mile

Aster Volunteers India flags-off of its 77th Mobile Medical Unit in Kolhapur, Maharashtra

Aster Volunteers Mobile Medical Services (AVMMS) marked a significant milestone with the flag-off of its **77th Mobile Medical Unit in Kolhapur, Maharashtra**, strengthening its mission to deliver free and accessible healthcare to underserved communities.

The unit was flagged off by **Dr. Ulhas Damle**, Managing Director, Aster Aadhar Hospital Kolhapur, in the presence of **Dr. Ajay Keni**, Chief of Medical Services; **Dr. Dalon Fernandes**, Chief Operating Officer; **Mr. Dada Sargar**, Regional Manager, Aster Volunteers India (North Cluster); **Mr. Krishna**, Founder & CEO, UDS Foundation, along with other distinguished guests and partners. The unit will provide primary healthcare consultations, preventive screenings, basic diagnostics, medicine distribution, digital patient registration, and community health education across rural and semi-urban communities in and around Kolhapur.

Through this expansion, Aster Volunteers continues to advance its Care Beyond Boundaries mission, ensuring quality healthcare reaches communities that need it most.

Rooting for a Greener Future

#AsterVolunteersBelong

Through the Green Choices initiative, Aster Volunteers is inspiring communities to embrace sustainable living through environmental conservation, awareness, and collective action for a greener future.

Kerala

Aster Volunteers Kerala as part of the Aster Green Choices initiative conducted a wide range of environmental conservation programmes focused on cleaner communities, greener ecosystems, responsible waste management, and climate awareness. More than **1,350 saplings** were planted and distributed by **Aster Hospitals across Wayanad, Calicut, Kotakkal, Cheranalloor, Kasaragod and Areekode** during the months of May and June 2026.

Aster Volunteers from **Aster MIMS Calicut in association with Kondotty Municipality**, and the **Malappuram District Waste-Free Campaign**, organized a large-scale cleaning drive as part of **World Environment Day.** More than **500 volunteers** were equipped with gloves, caps, and masks to safely participate in the initiative, while the Aster medical team provided on-site medical support throughout the program.

The drive was inaugurated by **Member of Legislative Assembly, Mr. TP Ashraf Ali** in the presence of **Mr. Muhammed Sha,** Chairman, Kondotty Municipality, along with local representatives, health workers, volunteers, and community members. The initiative reinforced the importance of collective action in building cleaner, healthier, and more resilient communities.

Aster Volunteers from **Aster MIMS Calicut**, also organised an **E-Waste Collection Drive** as part of **World Environment Day 2026 to encourage responsible recycling and disposal of** electronic waste.

The initiative was inaugurated by **Mr. Gopinath**, COO, Aster MIMS Calicut, in the presence of **Ms. Sheena Nambiar**, AGM – Operations. The drive promotes sustainable waste management practices while encouraging communities to reduce environmental pollution through responsible recycling.

Aster Volunteers from **Aster MIMS Kottakkal** continues to connect healthcare with environmental sustainability by gifting tree saplings to the families of newborns. More than **17,000 saplings** have been distributed over the past three years, encouraging every new family to celebrate the birth of a child by nurturing a tree.

The volunteering team in association with the **Kerala Forest & Wildlife Department** and **renowned wildlife photographer V. M. Sadiqe Ali**, also organized a mega cleaning drive at **Nadukani Ghat** The drive brought together more than **130 volunteers**, who cleared **16.7 tonnes** of waste across an 11-kilometre stretch, helping protect the fragile ecosystem and the Chaliyar River, a vital water source for surrounding communities.

Aster Volunteers Kottakkal further organized an **E-Waste Collection Drive** under the Aster Green Choices initiative, encouraging employees to responsibly dispose of unused electronic devices, batteries, and accessories.

Promoting sustainable e-waste management to curb environmental pollution through responsible recycling practices.

Aster Volunteers from **Aster Medcity Hospital Kochi** in association with **Cheranalloor Grama Panchayat**h, and **Krishi Bhavan Cheranalloor**, celebrated **World Environment Day** by encouraging students to become environmental ambassadors. The programme saw **50 fruit-bearing and shade tree saplings** planted and distributed, promoting biodiversity and long-term environmental stewardship.

The event was inaugurated by **Mrs. Licy Varghese**, President, Cheranalloor Grama Panchayath, in the presence of **Dr. Shuhaib Khader**, Chief Operating Officer, Aster Medcity. Students also took the World Environment Day pledge, reaffirming their commitment to protecting the environment.

Aster Volunteers, in association with **Dr. Moopen's Medical College, Dr. Moopen's Nursing College, Dr. Moopen's College of Pharmacy, Naseera Botanical Garden, OISCA International**, and the **NSS Unit**, organized a **Mass Sapling Planting Programme** to mark **World Environment Day 2026**.

The programme brought together students, faculty members, staff, and volunteers who planted over **300 saplings** at the **Naseera Botanical Garden**, reinforcing the importance of climate action, biodiversity conservation, and environmental responsibility.

Aster Volunteers of **Dr. Moopen's Medical College**, in collaboration with the **HR and IT Departments**, launched an **E-Waste Collection Drive** ahead of **World Environment Day 2026**. The initiative focused on collecting and documenting discarded electronic waste for safe disposal through an authorised recycling agency.

The drive promoted responsible waste management and encouraged staff to adopt sustainable practices that contribute to a cleaner environment.

Aster Volunteers from **Aster MIMS Kasaragod** in association with **Better Life NGO**, celebrated **World Environment Day** by distributing **1,000 fruit-bearing and medicinal plant saplings** across the community. Two hundred saplings were presented to students of **GMUPS School Cherkala Bevinje**, while the remaining were distributed to patients, attendants, visitors, and hospital staff.

The programme was inaugurated by **Mr. Sudheer Basuri**, COO, Aster MIMS Kasaragod, and included awareness activities encouraging communities to adopt sustainable environmental practices.

Aster Volunteers from **Aster MIMS Mother Hospital, Areekode**, launched the **Piravi** initiative to celebrate every newborn with a meaningful gift to the environment. Under the programme, every baby born at the hospital receives a tree sapling, symbolizing the connection between new life and a sustainable future.

Aster Volunteers Areekode also organized an **E-Waste Collection Drive** as part of the Aster Green Choice initiative to promote environmental sustainability and responsible disposal of electronic waste.

The drive was inaugurated by **Mr. Robin C. V.**, Chief Operating Officer, Aster MIMS Mother Hospital Areekode, and witnessed active participation from staff members, helping create greater awareness about reducing pollution through proper e-waste management.

Aster Volunteers from **Aster PMF Hospital**, marked **World Environment Day** by distributing **20 saplings** to patients, encouraging families to contribute towards a greener and healthier environment.

The programme was conducted in the presence of **COO Vijish V. K.**, **CNO Neenu S. Nair, Dr. Gokul G. Pillai, Vipin Kumar V., Shyam Raj R.,** and members of Aster Volunteers, reinforcing the message that small individual actions can collectively create a lasting environmental impact.

Aster Volunteers from **Aster MIMS Hospital Kannur** in association with the **Kerala Forest & Wildlife Department**, and local civic bodies, celebrated **World Environment Day** through the **Chal Beach Marathon 2026**, a large-scale tree plantation drive, and the distribution of saplings to new mothers. **More than 100 saplings** were planted across the hospital campus by doctors, staff, volunteers, and local residents, promoting environmental conservation and community participation.

Karnataka

Sowing the Seeds of Sustainability

Aster Volunteers from **Aster RV Hospital Bangalore**, celebrated **World Environment Day 2026** by distributing **seed packets to 125 employees** under the theme "One Seed, One Plant, One Breath of Fresh Air." The initiative encouraged employees to embrace sustainable living by planting and nurturing greenery in their own communities.

The unit also organized an **E-Waste Collection Drive** as part of **World Environment Day 2026**, promoting responsible electronic waste disposal and recycling. The initiative resulted in the collection of **86 kg of e-waste**, with active participation from employees, volunteers, patients, and attendants.

Andhra Pradesh

Championing a Greener Tomorrow

Aster Volunteers from **Aster Narayanadri Hospital**, Tirupati, the **Regional Science Centre**, and the **Andhra Pradesh Pollution Control Board**, organized a **Plantation Drive** under the theme "Inspired by Nature for Climate, for Our Future." The initiative saw over **50 saplings** planted to strengthen green cover and promote environmental sustainability.

Aster Volunteers from **Aster Narayanadri Hospital, Tirupati** also organized an **E-Waste Collection Drive** to mark **World Environment Day**, promoting responsible electronic waste management. The initiative collected **60 kg of e-waste**, with employees, volunteers, and community members contributing discarded electronic devices and accessories.

Further advancing the initiative, the dedicated volunteers reinforced their long-term commitment to environmental stewardship, climate resilience, and creating cleaner, greener, and healthier spaces for future generations.

Passing on the Gift of Life

#AsterVolunteersBelong

Drops of hope

Blood donation has the power to save lives every single day. Through the **Drops of Hope** initiative, Aster Volunteers partnered with educational institutions, community organisations, clubs, local bodies, and hospitals across India to strengthen blood bank reserves, encourage voluntary donation, and inspire more people to become lifesavers.

Kerala

Aster Volunteers Kerala as part of the Drops of Hope campaign conducted a wide range of voluntary blood donation drives focused on supporting healthcare institutions, promoting community service, and strengthening local blood bank reserves. More than **620 blood donors** participated in the **blood donation camps** across Aster units in **Calicut, Kottakkal, Kozhikode, Kannur, and Wayanad** on the occasion of **World Blood Donor Day**.

Aster Volunteers Kottakkal conducted **20 blood donation camps** across the region in collaboration with community organisations, clubs, colleges, and local bodies. Together, these drives brought in **509 donors, with 569 registrations** recorded in the camps where registration figures were available, strengthening blood bank reserves and supporting patients in need.

Aster Volunteers from **Aster MIMS Calicut** celebrated **World Blood Donor Day 2026** by honouring voluntary blood donors, donor organisations, and staff members whose contributions continue to save lives.

In collaboration with the **Department of Pathology** and **NSS Unit, MIMS College of Allied Health Sciences**, organised a voluntary blood donation drive at **Aster MIMS Academy, Karad**. The camp received **42 registrations**, with **18 successful blood donations** helping strengthen local blood bank reserves.

Organised a community blood donation camp at **The Raviz, Kozhikode**, where **27 voluntary donors** came forward to donate blood.

As part of **World Blood Donor Day** organised a community blood donation camp in association with the **Aman Charity Wing**, receiving **54 registrations** and **23 successful blood donations**.

The programme was inaugurated by **Dr. Sara Chandy** and featured an awareness talk, a flash mob, the **"Honouring the Warriors"** award ceremony, and a blood donation drive. The award ceremony, led by **Prof. Lida Antony**, honoured voluntary blood donors for their selfless contributions in the presence of faculty members, department heads, and healthcare professionals.

Aster Volunteers from **Aster MIMS Hospital Kannur** marked **World Blood Donor Day** by organising a blood donation camp, where **26 voluntary donors** came forward to donate blood.

The initiative encouraged community participation while highlighting the life-saving impact of regular voluntary blood donation.

Aster Volunteers from **Dr. Moopen's Medical College**, the Department of Transfusion Medicine, **Dr. Moopen's Nursing College** and the **NSS Unit** jointly celebrated **World Blood Donor Day 2026** through awareness programmes and a mega blood donation drive.

The event was inaugurated by **Shri Suresh Battini**, IRS, Principal Chief Commissioner of Income Tax, AP & TG Region, in the presence of senior officers, and their family members. The program was also attended by **Dr. Harikumar Reddy**, CEO – Administration, **Mr. Kuppa Satheesh,** Marketing Head, Aster Prime, reaffirming the spirit of community service and social responsibility.

Karnataka

A Mega Blood Donation Drive to Strengthen Lifesaving Support

Aster Volunteers from **Aster RV Hospital Bangalore** organised a mega blood donation camp at the **State Bank of India Corporate Office, St. Mark's Road.**

The initiative received an overwhelming response, with **162 units of blood collected**, helping strengthen blood bank reserves and support patients in need.

Aster Volunteers from **Aster Whitefield Hospital**, in association with **RJS College**, also organised a community blood donation camp. The camp witnessed an encouraging response, with **62 registrations** and **23 generous donors** coming forward to donate blood and contribute towards saving lives.

The programme was inaugurated by **Dr. Srinivasa G,** Principal, RJS College, highlighting the importance of collective participation in lifesaving healthcare initiatives.

Andhra Pradesh

A Life-Saving Commitment on World Blood Donor Day

Aster Volunteers of **Aster Prime, Hyderabad**, in association with the Office of the Principal Chief Commissioner of Income Tax (AP & TG Region), organised a voluntary blood donation drive and health screening camp. The initiative received an encouraging response, with **60 donors** coming forward to donate blood and contribute towards saving lives.

The event was inaugurated by **Shri Suresh Battini**, IRS, Principal Chief Commissioner of Income Tax, AP & TG Region, in the presence of senior officers, officials, and their family members. The programme was also attended by **Dr. Harikumar Reddy**, CEO – Administration, **Mr. Kuppa Satheesh**, Marketing Head, Aster Prime, and Aster Volunteers, reaffirming the spirit of community service and social responsibility.

The initiative celebrated the spirit of voluntary blood donation while encouraging greater community participation in lifesaving causes.

Making Quality Healthcare Within Reach A Reality

#AsterVolunteersBelong

Health For All

Aster Volunteers continued to improve access to preventive care, specialist services, health education, and community outreach, bringing quality healthcare closer to the people who need it most. Quality healthcare should be accessible to everyone, regardless of age, geography, or circumstance.

Kerala

Aster Volunteers from Kerala as part of their comprehensive community welfare initiatives conducted a wide range of specialized medical camps, pediatric growth workshops, disease prevention sessions, and social outreach programs focused on improving public health, supporting vulnerable populations, and raising regional wellness awareness. More than **700 beneficiaries and students** were directly supported and educated by Aster units across **Kannur, Kozhikode, Kochi, Kottakkal, Areekode, and Wayanad** during these impactful community drives in May and June 2026.

Aster Volunteers Kannur from **Aster MIMS Kannur** in association with **Vanukanda Kovilakam Bhagavathi Kshethram**, organised a free medical camp at Mangad, benefiting **95 community members**.

Led by **Dr. Akhin (General Medicine)**, the camp offered medical consultations, blood pressure monitoring, SpO_2 checks, random blood sugar testing, and bone mineral density screening. Participants also received follow-up guidance, referrals where required, and **Aster Privilege Cards** to support continued access to healthcare services.

Aster Volunteers from **Aster MIMS Hospital Kannur** in association with **HOPE – Early Intervention Centre**, organised a free Paediatric Orthopaedic Camp at **Thalassery.**

The camp was led by **Dr. Muhammed Shafeek**, Department of Paediatric Orthopaedics. Following detailed evaluations, 10 children were identified for surgical intervention and will receive continued treatment, including free surgeries for selected beneficiaries, with the support of **Aster MIMS Charitable Trust** and **HOPE Foundation**.

Aster Volunteers from **Aster MIMS Hospital Kannur** in association with **Kannur City Police**, organised a **5-kilometre Anti-Drug Awareness Run** at Thalassery Municipal Stadium to promote a healthy, drug-free lifestyle.

The run was flagged off by **Karayi Rajan, MLA, Thalassery**, while the programme was inaugurated by **A. N. Shamseer**, former Speaker of the Kerala Legislative Assembly, in the presence of **Vijay Bharath Reddy, IPS**. Renowned Malayalam writer and former diplomat **M. Mukundan** administered the Anti-Drug Day pledge, as students, volunteers, and community members came together to reinforce the message: **"Say No to Drugs."**

Aster Volunteers from **Aster PMF Kollam** in association with **JMMHS Bharanikavu** organised a motivational awareness programme impacting over **1,600 students, parents, and teachers**.

The session was facilitated by **Ms. Neenu S. Nair**, who shared practical insights and motivational guidance to encourage personal growth, resilience, and positive mindsets. Aster Volunteers from **Aster PMF Hospital Kollam** also extend their gratitude to **Ms. Leena,** Principal and the teaching faculty for their support in making the programme a success.

Aster Volunteers from **Aster PMF Hospital Kollam**

organised an interactive awareness session impacting more than **200 parents and teachers** participating in an interactive event at Vidyarambham Central School, Anjilimood.

Aster Volunteers from **Aster PMF Hospital**, in association with **Kudumbashree Sasthamkotta**, organised a monsoon health awareness programme attended by **55 Kudumbashree members.**

Aster Volunteers from **Aster MIMS Calicut** in association with the **Udayam Project** conducted a night medical outreach programme for people without housing near the KSRTC Stand and surrounding areas.

What began as a routine health camp quickly became an emergency response, with the team identifying severe wounds, head injuries, skin diseases, and other critical health conditions. Immediate medical care was provided, emergency cases were shifted to hospitals through ambulance services, and rehabilitation support was extended through Udayam Homes.

Aster Volunteers from **Aster MIMS Mother Hospital Areekode**, in association with the **Women and Child Development Department**, organised an awareness session on children's mental and physical development.

The session was led by **Dr. Kaleem Ahmed**, Senior Specialist – General Paediatrics, who shared insights on developmental milestones, early childhood care, a nd the importance of timely support in ensuring healthy growth.

Aster Volunteers from **Aster MIMS Mother Hospital, Areekode**, in association with the **Women and Child Development Department**, conducted an awareness session on child development and recognising developmental delays.

Led by **Ms. Sreenila P.,** Paediatric Psychologist, the session helped parents and caregivers understand behavioural and cognitive milestones, recognise early signs of developmental delays, and appreciate the importance of early intervention and continued support.

Aster Volunteers from **Aster MIMS Mother Hospital, Areekode**, in association with **Areekode Grama Panchayat** under the **Clean Shot Malappuram** project, conducted a **Shigella awareness session** for students of Sulamussalam Oriental Higher Secondary School.

Led by Dr. Shikha N. V., Senior Specialist – Paediatrics, the session educated students on the transmission, symptoms, prevention, and importance of hygiene in reducing the spread of infectious diseases.

On the occasion of **World No Tobacco Day**, Aster Volunteers at **Dr. Moopen's Medical College Wayanad**, in association with the Departments of Pulmonology and Psychiatry, the NSS Unit of Dr. Moopen's Nursing College, and the Business Developmet Team, organised an awareness program at the hospital lobby.

The event was inaugurated by **Dr. Sara Chandy,** Medical Superintendent. The programme featured awareness sessions by **Dr. Athira Krishna Sugesh**, Department of Pulmonology and **Dr. Sreelakshmi Sethumadhavan Nair**, Department of Psychiatry along with a puppet show on tobacco cessation presented by the students of Dr. Moopen's Nursing College. The event was attended by **Dr. Shanavas Palliyal**, DGM – Operations, **Mrs. Vineetha K.**, Lecturer and NSS Coordinator, and **Mrs. Treety George**, Assistant Professor, underscoring the collective commitment to promoting a tobacco-free lifestyle.

Karnataka

Driving Community Empowerment Through Education and Wellness

Aster Volunteers from Aster RV Hospital Bangalore organised a health & wellness Camp for the residents of the Federation of Arekere Residents Welfare Association.

The camp featured a health awareness session by **Dr. G. Dimpu Edwin Jonathan**, Consultant – Interventional Cardiology, along with complimentary ECG screening, blood pressure & blood sugar testing, dental & eye examinations, specialist consultations, and access to the Aster RV Privilege Card. The initiative encouraged residents and their families to prioritise preventive healthcare while improving access to continued health benefits.

Andhra Pradesh

Bring Free Health Camps and Anti-Tobacco Drive to Local Communities

Aster Volunteers from **Aster Narayanadri Hospital, Tirupati** organised free medical camps at **Krishna Samudram, Puttur,** and **Ramapuram**, benefiting over **244 community members**.

Led by **Dr. Arjun**, the camps offered general medical consultations, ECG screenings, and haemoglobin (Hb) tests, enabling the early detection of potential health concerns. Through such initiatives, Aster Volunteers continue to enhance access to quality healthcare while promoting health awareness across rural communities.

On the occasion of **World No Tobacco Day**, Aster Volunteers from **Aster Narayanadri Hospital**, in association with **CKS Dental Hospital and Research Centre**, organised a **Tobacco Awareness Rally at Gutthivari Vari Palli, Renigunta**.

The rally engaged community members through awareness activities and educational messages, encouraging them to understand the harmful effects of tobacco use and embrace a healthier, tobacco-free lifestyle.

Aster Volunteers bring healthcare closer to communities across India, reflecting our unwavering dedication to ensuring accessible and compassionate care for all.

Bright Beginnings, Brighter Futures

#AsterVolunteersAid

Bright Beginning

As part of our commitment to child welfare and providing the right tools for education, Aster Volunteers carried out the Bright Beginning program to support underprivileged children as they gear up for the new academic year.

Kerala

Aster Volunteers, in association with **Aster DM Foundation, Aster MIMS Charitable Trust**, and the **Forest Department**, supported students across Kerala through the Bright Beginning initiative, helping them start the new academic year with confidence. Through the programme, **over 770 children** received educational support across the Kerala.

Aster Volunteers from Aster MIMS Calicut and Aster MIMS Charitable Trust distributed learning kits.

Aster Volunteers from Ernakulam in association with Peace Valley distributed educational support materials to children from palliative care and cancer-affected families.

Aster Volunteers from Palakkad distributed essential school supplies to Government Higher Secondary School.

The initiative reached children from **Anganwadis, government schools, tribal communities, palliative care and cancer-affected families, orphanages, destitute homes, differently abled communities, and other vulnerable households,** ensuring they had access to essential learning materials and a brighter start to the school year.

The initiative included the distribution of school bags, learning kits, notebooks, water bottles, umbrellas, and other essential educational materials across Kozhikode, Wayanad, Ernakulam, Malappuram, Palakkad including **Tribal Welfare School, Aanakkal**, and **Holy Family LP School, Akamalavaram,** Kodungallur, Kottakkal, and Thekkady. It also featured the renovation of KG classrooms at **G.L.P. School**, **Kodur**, creating a vibrant and child-friendly learning environment that supports early childhood education.

Through the Bright Beginning initiative, Aster Volunteers continue to expand equitable access to education by empowering children with the resources, confidence, and opportunities to build brighter futures.

Making Better Vision a Shared Vision

#AsterVolunteersAid

Clear Sight
Powered by Aster Volunteers

Clear Sight is a free ophthalmic care program dedicated to identifying and addressing vision impairment among school students. The project aims to ensure that no child's learning is compromised due to undiagnosed or untreated vision issues.

Kerala

Aster Volunteers Kasaragod, in association with the **Akkara Foundation Centre** for **Child Development, Kasaragod**, conducted the **Aster Clear Sight Project** to improve children's vision and support better educational outcomes. The initiative benefited Over **30 children** from the Akkara Foundation Centre and also the nearby schools by providing them with spectacles, helping them see clearly and learn with greater confidence.

The programme was inaugurated by **Mr. Sudheer Basuri** in the presence of **Mr. Muhammed Haseem**, along with representatives from Aster and the Akkara Foundation. The initiative was supported by **Asterians United** and the **OneSight EssilorLuxottica Foundation**, reflecting a shared commitment to advancing children's eye health.

Through the Aster Clear Sight Project, Aster Volunteers continues to address preventable vision challenges among children, ensuring that clearer sight becomes a pathway to better learning, greater confidence, and brighter futures.

Building Healthier Futures Beyond Diabetes

#AsterVolunteersBelong

Aster Volunteers from Aster MIMS Charitable Trust launched "Saukhya" Project to strengthen diabetes care for children living with Type 1 Diabetes.

Aster Volunteers, in association with **Aster MIMS Charitable Trust**, the **District Administration**, and the **Type One Diabetic Welfare Society**, launched the **"Saukhya" Project** to strengthen diabetes care for children living with Type 1 Diabetes. Through the initiative, **250 children** received **Continuous Glucose Monitoring (CGM)** devices, enabling real-time glucose monitoring, better diabetes management, and improved quality of life.

The programme was inaugurated by **Mr. Snehil Kumar IAS, District Collector, Kozhikode**, in the presence of **Dr. Gopinath Mamballikalam, COO, Aster MIMS Calicut**, and other dignitaries. Through initiatives like these, Aster Volunteers continues to improve access to quality healthcare and support better health outcomes for children.

Through the **Saukhya Project**, Aster Volunteers continues to make advanced healthcare more accessible, empowering children and their families with the tools and support needed to manage chronic conditions with greater confidence and care.

Caring Beyond the Golden Years

#AsterVolunteersBelong

Aster volunteers
Geriatric Care Program

Across communities, Aster Volunteers continue to support senior citizens through initiatives that improve access to healthcare, encourage social connection, and enhance their overall well-being.

Kerala

Special Outreach and Community Lunch for Care Home Residents

Aster Volunteers from **Aster PMF Hospital Kollam** in association with **Nuunapaksha Morcha Kollam**, organised a special outreach programme for the **40 residents** of Snehasadanam.

The initiative brought together volunteers and residents for meaningful interactions, shared conversations, and a community lunch, fostering a sense of companionship, care, and togetherness.

Comprehensive Geriatric Health Camp at Azhikode

Aster Volunteers from **Aster MIMS Hospital Kannur** in association with **Asraya Charitable Society**, organised a Geriatric Medical Camp at Poothapara UP School, Azhikode, benefiting **91 senior citizens**.

Led by **Dr. Akhin**, the camp provided medical consultations, blood pressure monitoring, SpO_2 checks, random blood sugar testing, and bone mineral density screening. Participants also received referrals, follow-up guidance, and **Aster Privilege Cards** to support their ongoing healthcare needs.

Aster Volunteers from **Aster MIMS Kannur**, in association with the **Kannur District Legal Services Authority**, organised a Geriatric Medical Camp at RCC Kadambur, benefiting **56 senior citizen**s.

Led by **Dr. Karishma (Geriatrics)**, the camp offered medical consultations, blood pressure monitoring, SpO_2 checks, random blood sugar testing, bone mineral density screening, and cataract screening. Participants also received follow-up guidance, referrals where required, and Aster Privilege Cards to support continued access to healthcare services.

Shruthisparsham: Bringing the Gift of Hearing to Those in Need

#AsterVolunteersAid

Aster Volunteers from Aster MIMS Kannur and Aster MIMS Charitable Trust launched Shruthisparsham, providing free hearing aids for 20 individuals.

Aster Volunteers from **Aster MIMS Hospital Kannur** and the Aster MIMS Charitable Trust launched Shruthisparsham, a charitable programme aimed at expanding access to advanced hearing care for underserved communities. The program offers free and subsidised cochlear implant surgeries to selected beneficiaries, along with free hearing aids for **20 individuals** from financially disadvantaged backgrounds.

The launch was announced by **Dr. Anoop Nambiar, Chief Operating Officer, Aster MIMS Kannur**, during the inauguration of the hospital's new **Cochlear and Hearing Aid Clinic**. To mark the occasion, the ENT Department conducted a week-long screening camp, with clinical evaluations led by **Dr. Ramakrishnan V., Dr. Akshay V.K., and Dr. Vishnudas T.V**.

Mr. Muhammed Hazeem K.V., Manager, Aster MIMS Charitable Trust, highlighted Aster MIMS Kannur's commitment to making advanced hearing care accessible to those who need it most.

Building a Hunger-Free Kasaragod

#AsterVolunteersAid

Aster Volunteers from **Aster MIMS Hospital Kasaragod** in association with **Live to Smile**

Foundation launched the **Hunger-Free Kasaragod** initiative near **Kasaragod Railway Station** to provide free breakfast kits to people experiencing homelessness and others in need.

The initiative began with the distribution of breakfast kits and marks the start of a **30-day food distribution programme**, ensuring daily breakfast support through the collective efforts of volunteers, partner organisations, and community well-wishers. Together, we are working to improve food access while upholding the dignity and well-being of the communities we serve.

As part of the **Hunger-Free Kozhikode** initiative, **Aster Volunteers** and **Aster MIMS Charitable Trust**, in association with **Theruvin Makkal Charitable Trust**, distributed **300 breakfast kits** to street dwellers in **Palayam**.

The initiative sought to address an immediate need while reaffirming the importance of dignity, compassion, and community support for people experiencing homelessness. Through the dedication of our volunteers and partners, we continue to extend care where it is needed most.

Livelihood Support

#AsterVolunteersAid

Aster Volunteers livelihood support program consistently makes a significant impact, benefiting individuals every month and fostering independence and economic empowerment among underprivileged communities. Each story reflects our commitment to creating positive change in the lives of those in need.

Kerala

Aster Volunteers from **Aster MIMS Charitable Trust** in association with **Aster DM Foundation,** aligned with this year's theme, **'Joy of Giving,'** continued its annual livelihood initiative alongside mobility and medical support programmes across India during May and June 2026.

Aster Volunteers Malabar and Aster MIMS Charitable Trust supported Mr. Ashokan from Pattuvam with a petty shop.

Aster Volunteers from Dr. Moopen's Medical and Nursing College established a vibrant learning environment and provided bicycles for children in Kadachikkunnu.

Aster Volunteers Malabar and Aster MIMS Charitable Trust supported the Women's Prison, Kannur with a wheelchair to improve mobility and inmate care.

Aster Volunteers from Kerala supported inclusive education and livelihood empowerment through multiple initiatives. In association with **Aster MIMS Hospital Kannur**, wheelchairs were donated to the **Women's Prison, Kannur**, helping improve mobility and participation in daily care activities. In another event, educational support and basic necessities were provided to the **Kadachikkunnu tribal community** through the **Manasa Gramam Project**, enabling greater independence in the children's daily educational journey.

Furthermore, tea and fruit juice stalls were established at the **Akkarara Foundation Campus, Bovikkanam, Kasaragod** supporting two mothers of children with special needs with a stable income opportunity through independent shop operation, promoting dignity and financial independence.

Livelihood support was extended to individuals and families through practical interventions. A petty shop was provided to a road accident survivor, **Mr. Ashokan** from **Pattuvam Grama Panchayat**, to enable sustainable income generation following a leg amputation. Meanwhile, **two bicycles** and a completely renovated **Sampage Tribal Library-cum-Anganwadi** were given to the community in **Kadachikkunnu** to support student education and daily work.

Aster Volunteers life support training program consistently makes a significant impact, benefiting individuals every month, fostering independence among underprivileged communities. Each story reflects our commitment to creating positive change in the lives of those in need.

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Advancing Emergency Readiness Across Communities

#AsterVolunteersCoach

Aster Volunteers Basic Life Support Program

Aster Volunteers life support training program consistently makes a significant impact, benefiting individuals every month and fostering independence and economic empowerment among underprivileged communities. Each story reflects our commitment to creating positive change in the lives of those in need.

Kerala

Aster Volunteers from **Aster MIMS Hospital Kannur, Aster Medcity Kochi, and Aster MIMS Mother Hospital Areekode**, in association with **Aster DM Foundation and Aster MIMS Charitable Trust,** continued its annual health awareness and community outreach initiative alongside mobility and medical support programmes.

Aster Volunteers from Aster MIMS Hospital Kannur in association with Nirmalagiri College conducted a Basic Life Support (BLS) training program for final-year students.

Aster Volunteers from Aster MIMS Mother Hospital Areekode in association with Sullamussalam College of Teacher Education conducted a Basic Life Support (BLS) Training Program for students.

Aster Volunteers from Aster MIMS Hospital in association with the Department of Health Centre Mayyil conducted a Basic Life Support (BLS) Training Program for teachers at Mayyil.

Aster Volunteers Kerala supported inclusive education and livelihood empowerment through multiple initiatives. A vital healthcare training session was conducted at Nirmalagiri College in association with the Aster MIMS Kannur Emergency Department team, helping final-year students improve mobility and participation in learning activities by training **71 students**

across multiple batches. In another initiative, emergency response training and basic preparedness guidelines were provided to the **21 Kerala Battalion NCC cadets at St. Albert's College, Ernakulam** enabling greater independence in the youth's daily educational and social leadership journey with **482 cadets** receiving exposure to real-time resuscitation techniques.

As part of the initiative, support was also extended to the **teachers** at **Mayyil** through a specialized program organized with the **Department of Health Centre Mayyil** . Featuring expert medical guidance from pediatric and emergency specialists, the assistance marked a new beginning, helping improve infant care, development, and growth in everyday life by empowering **70 educators** with life-saving skills.

Livelihood support was extended to individuals and families through practical interventions. Emergency-ready knowledge was provided to local community members at **Dharamdam Gramapanchayat**, to enable sustainable income generation and resilient community safety networks following emergencies, where **55 participants** where trained. Meanwhile, basic life-saving protocols and comprehensive first-aid workshops were given to the community in **Payyanur**, led by the **KSEB Payyanur Division officers** and staff to support employee safety and daily work.

In addition, specialized emergency training programs at **Sullamussalam College of Teacher Education** and **Sunrise Eye Care and Lasik Center** successfully supported **40 teaching students** at **Areekode** and the hospital staff at **Pallikkunnu** with a stable income opportunity through independent shop operation and corporate workplace safety, promoting dignity and financial independence across diverse local communities.

This initiative reflects how meaningful support can empower individuals, restore livelihoods, and create lasting impact within communities.

Empowering Youth: Advancing Vocational Training and Healthcare Careers

Aster volunteers Vocational Training

#AsterVolunteersCoach

Kerala

Recognising New Milestones in Wayanad

Aster Volunteers from **Dr. Moopen's Medical College** awarded NSDC certificates to students from the **10th and 11th batches of the General Duty Assistant (GDA) programme**, recognising their successful completion of the course and celebrating an important milestone in their professional journey.

The ceremony was led by **Mr. U. Basheer, Executive Trustee, in the presence of Dr. Sara Chandy, Prof. Lida Antony, Mr. Mohammed Haseem, Mr. Soopy Kallangodan, Dr. Shanavas Palliyal, Mrs. Sangeetha Susan, Mr. Gireesh Unnikrishnan, and Mrs. Unis Raju**, who congratulated the graduates and encouraged them as they begin their careers in healthcare.

Welcoming the Next Generation of Healthcare Professionals

Aster Volunteers from **Dr. Moopen's Medical College** welcomed the 13th batch of the **General Duty Assistant (GDA)** students with an orientation session, marking the beginning of another cohort of aspiring healthcare professionals.

The NSDC-certified, job-oriented program equips participants with industry-relevant skills and career opportunities. The orientation was inaugurated by **Mr. Mohammed Haseem**, in the presence of **Dr. Shanavas Palliyal, Mr. Gireesh Unnikrishnan, and Mrs. Unis Raju.**

Aster Wins the Best CSR Environment Award 2026

Aster DM Healthcare has been honoured with the **Best CSR Program for the Environment Award 2026** at the **H.E.L.P. Sustainability Excellence Awards**, recognising its commitment to environmental stewardship and sustainable community impact.

Powered by **Aster Volunteers**, our environmental initiatives, alongside efforts in accessible healthcare, education, disaster relief, and community well-being, continue to create meaningful change across the communities we serve. This recognition celebrates the passion and dedication of our volunteers, partners, and teams who make this impact possible every day.

Leading Sustainable Change with Award-Winning Impact

Aster DM Healthcare has been honoured with the **Sustainable Development Initiatives Award 2026** at the **India Sustainability Awards**, recognising the collective impact of **Aster Volunteers.**

From expanding access to healthcare and education to supporting disaster relief, environmental sustainability, and community well-being, every initiative led by our volunteers has contributed to this achievement. This recognition is a celebration of the passion, commitment, and purpose that continue to drive positive change in the communities we serve.

Extending Care to the Underserved Communities

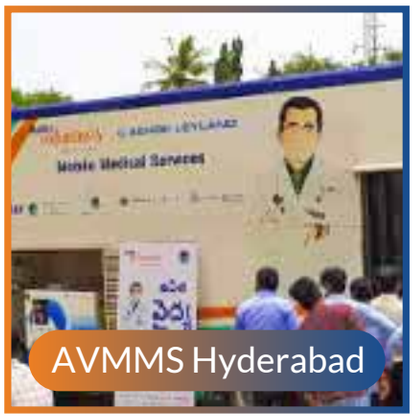
#AsterVolunteersMobileMedicalService

Aster volunteers
Mobile Medical Services
Delivering healthcare to the last mile

AVMMS Wayanad

AVMMS Malabar

AVMMS Coorg



In the month of **May to June 2026**, Aster Volunteers Mobile Medical Services (AVMMS) organised **2, 462 camps camps** across India delivering free healthcare to **138, 401 beneficiaries** healthcare beneficiaries to ensure quality healthcare is affordable and accessible at the doorstep of the people who are in need.

Health Beyond Barriers

#AsterVolunteersTreatmentAid

Aster volunteers Treatment Aid
Quality care made accessible

From **May to June 2026,** Aster Volunteers contributed **INR 18, 100, 000** in Treatment Aid, offering a lifeline to **838 patients** who were working to rebuild their lives.

In our ongoing mission to provide quality healthcare that is both affordable and accessible, Aster Volunteers tirelessly work to mend lives affected by the harsh reality of unaffordable advanced medical care.

Our Global Impact

9 YEARS
SINCE 11th DEC 2016

8 MILLION + LIVES TOUCHED

100,000+ VOLUNTEERS
ACTIVE AS ON 31ST MAR 2026

SERVING **22** COUNTRIES

ENGAGED IN **70** REGIONS

GLOBAL **80** MOBILE CLINICS

AVG. IP CARE INR **10** Cr. PER ANNUM IN 9 YEARS

FLOOD DISASTER AID **255** ASTER HOMES

Our Focus

- Healthcare
- Education
- Social Empowerment
- Environmental Protection
- Disaster Aid Support

Become a volunteer today, join us at **astervolunteers.org**